
Volunteering Videos

Benefits of volunteering and motivation

How young people are volunteering in Queensland and how they got involved.

<http://www.youtube.com/watch?v=RQoyQPZXTyk>

Why Volunteer?

An inspirational movie for volunteers

<http://www.youtube.com/watch?v=dkHbQrIQ7yE>

Volunteering Will Make You Happier & Healthier - The View

John Tesh Radio Show: If you'd like to lower your stress, volunteer.

<http://www.youtube.com/watch?v=WjqCojle9Bk>

Video Statements by Marian Harkin

"The role of volunteering in contributing to economic and social cohesion"

<http://www.youtube.com/watch?v=MxAoVSBRUHc>

<http://www.youtube.com/watch?v=SEWVoEn-nOQ>

Volunteers' Week: 2009 Kellie's volunteering story

Former Eastenders star, Kellie Shirley tells us about the experience of volunteering.

http://www.youtube.com/watch?v=rGGEmhj_8Fc

Volunteer Story

Meet Will Nevitt who after being made redundant decided to devote his time to volunteering for the Princes trust and environmental charity Groundwork

http://www.youtube.com/watch?v=tTgfBv_QD4M

BHF Volunteer Campaign 2009

A video promoting our campaign to recruit more volunteers to help in the local community and in BHF Shops.

<http://www.youtube.com/watch?v=b1pvlct914o>

BBC London News

vinspired.com on BBC London News - June 4th 2009

<http://www.youtube.com/watch?v=llw502V7Buc>

Millennium Volunteers – What is it?

Millennium Volunteers is a national programme designed to promote and recognise sustained volunteering among young people aged between 16 to 24. It is funded by the Department of Education in Northern Ireland

[http://www.volunteering-ni.org/what we do/millennium video.php](http://www.volunteering-ni.org/what_we_do/millennium_video.php)

The opinions expressed in the videos do not necessarily reflect the official view of Cookstown and Magherafelt Volunteer Centre

Please note that the Cookstown and Magherafelt Volunteer Centre does not take responsibility for, and in no way endorses, comments that are posted below individual videos.