



Dear Volunteer,

Welcome to the Cookstown and Magherafelt Volunteer Centre. *The Volunteer Centre was established in June 2000 and provides support and co-ordination to volunteering in the Cookstown & Magherafelt District Council areas. It provides a link between 'those who need help' and 'those who want to help'.*

What is Volunteering?

Volunteering is the commitment of time & energy, freely given without financial gain for the benefit of society.

Who can Volunteer?

ANYONE can Volunteer. It doesn't matter whether you are young or old, male or female, a person with a disability, in paid work or not, there is something that everyone can do.

How could you benefit from Volunteering?

- *It will give you the opportunity to do something enjoyable.*
- *It will help build your confidence.*
- *It will enable you to make use of special talents & interests.*
- *You will meet new people & make new friends.*
- *You will gain valuable training & experience, which may benefit you in the future.*

Types of Voluntary work you could get involved in:

- *Working with children & young people*
- *Working with the elderly*
- *Working with people who have disabilities*
- *Environmental work*
- *Advice work / Administration*
- *Driving - Minibus / Social car scheme*

Volunteering & Receiving Benefits...

If you are claiming benefits, volunteering will NOT affect your entitlement.

The volunteer pack contains:

- A Volunteer registration form
- Current vacancies within the Magherafelt District Council area.
- Useful leaflets on Volunteers

If you have any questions regarding volunteering please don't hesitate to contact me on 79301862 or barbara@cookstownmagherafeltvc.org

Thanks for your interest!

Barbara Kennedy
Recruitment and Placement Officer